



# SAFE RIGGING, SLINGING AND BANKSMAN ASSESSMENT

### **AVAILABLE COURSES**

- Safe Mobile Crane Operation
   Assessment Course.
- Safe Overhead Crane
   Operation Assessment Course.
- Safe Tower Crane Operation

  Assessment Course
- Safe Forklift Operation
   Assessment Course.
- Safe Scissor Lift Operation
   Assessment Course.
- Safe Boom Lift Operation
   Assessment Course.
- Safe Earth moving Equipment
   Operation Assessment Course
- Safe Rigging & Slinging

  Assessment Course
- Safe Scaffolders Assessment
- Safe Confined Space Entry,
   Emergency and Rescue.
- Safe Cradle Operation Assessment Course.
- Basic First Aid AHA.
- Fire Fighting Training.
- Risk Assessment Course.
- Emergency Response Preparedness Course.
- OHS-construction Safety
   Training Assessment Course
- Chemical Spill Safety & Management Course

### **INTRODUCTION:**

This course is designed for construction site and industrial yards operators who utilize different types of cranes in building, civil engineering and mechanical activities. This Course will be useful for construction employers as it enables them to fulfill training obligations set by Ministry of Labour. The course has been produced to applicable International Standards (BS, OSHA etc.), Regulations (LOLER, PUWER ETC.) and Local Legislation reflecting construction Industry and oil & gas (offshore/onshore) best practices.

### **BENEFITS OF COURSE:**

After completing the training successfully, the delegates will be able to acquire the following practical knowledge & skills; Understanding of the different types of lifting appliances & lifting accessories (loose gear), SWL, WLL, required PPEs, Load weight calculation, center of gravity, lifting point, lifting gears selection, inspection, types of hitches, sling angle, lifting area safety checks, rigging good & bad practices.

## **COURSE CONTENT:**

- Course introduction
- SWL & WLL
- Load weight calculations
- Centre of gravity
- Lifting tackle types & inspection areas
- Types of Lifting Accessories (Loose gear)
- Wire Rope
- Chain Slings
- Shackles
- Eye Bolts
- Hooks
- Turn Buckle
- Lifting Beam & Spreader beam
- Crane Forks & C Hooks

- Plate Clamps
- Magnetic Lifter
- Vacuum Lifter
- Synthetic Web Slings
- Types of Hitches
- Single Vertical Hitch
- Bridle Hitch
- Basket Hitch
- Choker Hitch
- Angles of lifting
- Multi-leg sling method of rating
- Rigging equipment "good & bad practices"
- Hand signals

## **COURSE DURATION:**

One (01) Day - Theory & Assessment

## **PRE-REQUISITES:**

Familiarity with crane operation and Rigging activities is required for course attendees.

## **PARTICIPANTS:**

Max. 15 - Min. 05

# **COURSE VENUE:**

Courses are held at RICI Training centre but alternatively can be held at client's premises and tailored for client needs and convenience. For tailored courses, the number of participants will be dependent on facilities available.

# **DELEGATE ASSESSMENT:**

Delegates will be assessed based on their progress throughout the course and a certificate of competence will be issued to delegates deemed to have achieved a satisfactory standard.



# **Contact Us!**

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