

Heartsaver First Aid AED provides a framework for learning basic skills that may save a life or prevent further injury. It's a classroom, video-based, instructor-led course that teaches the participants critical skills needed to respond, manage and conduct first aid during injuries, emergency situation in the first few minutes until emergency services (EMS) arrives.

In this course, candidates will learn skills in such way to treat bleeding, sprains, broken bones, shock and other first aid emergency techniques, also they would be able to do Adult CPR using AED



# HEART SAVER

## First Aid CPR AED

# OCCUPATIONAL HEALTH & SAFETY

## COURSE OUTLINE

### Theoretical Content

- Basic Understanding of First Aid CPR AED
- Knowing the responsibilities and liabilities
- Importance of victim and rescuer safety
- Knowing when to call for help
- To look for problems in the order of importance
- Privacy protection and making the report

### Practical Content

- Giving first aid to common medical emergencies
- Giving first aid to various emergency injuries
- Giving first aid to various environmental injuries
- Giving CPR to adult, children and infants
- Practice using an AED

### Approvals

MOL Bahrain | Tamkeen

### Accreditations

American Heart  
Association

01

### Who Should Attend

Employees, Technicians, Supervisors, Managers, OHS professionals

02

### Assessment Methods

Interactive group discussion, individual activities, practicals and exercises

03

### Assessment Criteria

Candidates should know how to conduct CPR and helping a coked person. They should also know how to properly use an AED machine

Course Duration

— 1-2 Days —

KING HAMAD  
UNIVERSITY HOSPITAL  
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Certificate & License valid for 2 years